

**MULTIPLE ON-RAMPS AT VARIOUS TIMEPOINTS:**

**CO-ENROLLMENT OR PROGRESS INTO RELATED SRJC PROGRAMS**

- Nursing or PRE-Nursing
- EMT/Paramedic
- Dietetic Tech Program
- Yoga 200 Hour Teaching Certificate
- Fitness, Nutrition & Health Major/Certificate

**Santa Rosa Junior College Sports Medicine Program: Gateway to Many Careers and Educational Paths**

- Allows for students to explore careers and educational paths early
- Pathway contains multiple on/off ramps based on individual student needs
- Provides direction for students along educational journey



**KINESIOLOGY: SPORTS MEDICINE PREPARATION MAJOR**

**COURSES:**

- KINES 4: Intro to Sports Med
- KINES 62ABCD: Sports Med Lab
- KINES 63: Lower Body Injuries
- KINES 64: Upper Body Injuries

← You can complete all classes as part of the major OR take classes individually!

**ACQUIRED SKILLS:**

- Early career exposure
- Applied anatomy
- Professionalism
- Basic taping/bracing
- First Aid/CPR Training
- Professional communication
- Medical documentation
- Professional socialization
- Liability in healthcare
- And more

**Benefits:**  
Cohort  
Mentorship  
Advising  
Networking  
Internship hours

**TRANSFER TO UNIVERSITY**

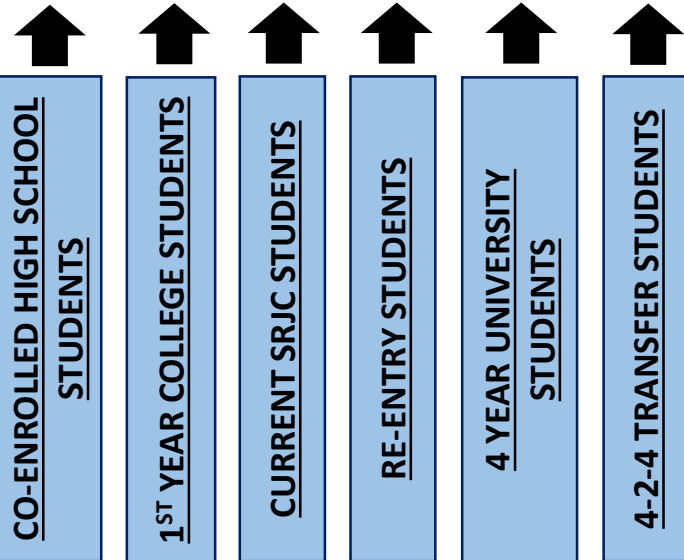
- Kinesiology
- Pre-Athletic Training
- Pre-Physical Therapy
- Pre-Medicine
- Pre-Occupational Therapy
- Pre-Physician Assistant
- Physical Education
- Adapted Physical Education
- Therapeutic Recreation
- Recreation Studies

**ADVANCED EDUCATION PROGRAMS**

- Professional Master's Degree in Athletic Training
- Physical Therapy School
- Occupational Therapy School
- Physician Assistant School
- Chiropractic College
- Medical School
- Sports Psychology

**WORKFORCE OPPORTUNITIES**

- Certified Athletic Trainer
- Physical Therapist
- Occupational Therapist
- Physician Assistant
- Physician
- Chiropractor
- Prosthetist
- Sports Psychologist
- Other advanced kinesiology and sports medicine careers



**WORKFORCE OPPORTUNITIES**

- Physical Therapy Aide
- Chiropractic Aide
- Occupational Therapy Aide
- Personal Trainer
- Group exercise instructor

**WORKFORCE OPPORTUNITIES**

- Strength & Conditioning Specialist
- Coach
- Kinesiology/PE, APE Instructor
- Biomechanist
- Exercise Physiologist
- Ergonomic Evaluator
- Health and Wellness Promotion
- Wellness Coaching
- Health Promotion
- Sports Management
- Fitness Careers



**SANTA ROSA JUNIOR COLLEGE**

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